



The Harvest

Meeting the Need to Feed

Palm Beach Harvest
561-689-4090

4th Quarter 2008

From Bad to Worse

We're all being hard hit economically. Gas prices are off the charts, which results in raised prices for just about everything, including food. Some of us have to cut back on luxuries we've taken for granted. It hurts. But everyone should be able to eat.

Tommy is 9 years old. He lives in Palm Beach County with his mother and father and his sisters and brothers. Both parents work, but their jobs only pay minimum wage. They have a roof over their heads; the children wear someone else's discarded clothing, but they are clean and cared for; they go to school each day. The family is just making it and the parents are determined to create a better life for their children, but right now that's pretty hard to do. **Last night Tommy didn't have dinner, because it wasn't his turn.**

Palm Beach County has a problem – hunger – that's becoming more visible daily. The number of people – **mostly children** – who go without food grows each day. In these difficult times, people who have never been hungry find themselves and their families in dire straits.

Palm Beach Harvest needs funds to continue to fulfill our mission – to liaison between local businesses who donate surplus fresh food and transport it to local charitable agencies who distribute it free of charge to the needy through soup kitchens and food banks every day of the year. These agencies have also been hit by the hard realities of the times. Their funding is down, donations are down and more and more people are hungry. At Palm Beach Harvest we are committed to working even harder for our partner agencies to get food to the people in this County who need it most.

Thanks to big-hearted organizations that care, Palm Beach Harvest is distributing more food than ever to an ever-growing population of

Donate on the Web at
www.palmbeachharvest.org



needy people. The need is urgent. Palm Beach Harvest is counting on people like you to help us feed hungry children (the average age is nine) and adults. Your past generosity has been greatly appreciated and we need your help now more than ever. Please send a donation today so that someone can eat tomorrow.

Please send your 100% tax deductible donation to

Palm Beach Harvest, Inc.
P.O. Box 540508
Lake Worth, FL 33467

Hungry people throughout Palm Beach County thank you.



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Please Help—Volunteer!

Please, if you haven't already, volunteer to be a transporter of donated food, contributing as little as **two hours a week** so that needy children and adults can be fed today.

Transporters are the heart of Palm Beach Harvest. We need you to help us transport surplus food.

- ♥ Transporters commit to only about two hours of service per week.
- ♥ PBH does its best to pair routes with locations close to transporters' homes.
- ♥ Transporters should be able to lift as much as 40 pound boxes of food.
- ♥ If you have other expertise you can offer such as Excel spreadsheets for data entry of weight logs or marketing/public relations skills, you can help as well!

Please come to one of our **monthly orientation meetings held the second Monday of each month** where you can get your credentials to start lending a helping hand where **it's needed more than ever**. We're looking forward to seeing you at the next orientation meeting at Goodwill Industries.



Orientation Meetings 6:00 p.m. at Goodwill Industries, 1715 Tiffany Drive East, West Palm Beach

- Directions: I-95, exit 45th Street, go east past Congress Avenue to Tiffany Drive East on the right, follow around to parking lot of Goodwill Industries.
- Call 561-689-4090 for information.

Thanks to our supporters who generously provide goods and services to Palm Beach Harvest

👍 **Aaron's Catering**
 👍 **Archway Cookies**
 👍 **Around Wellington Magazine**
 👍 **Beef O'Brady's**
 👍 **Benvenuto's Caterestaurant**
 👍 **Bush Brothers Inc.**
 👍 **City Cellar Restaurant**
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👍 **Dan the Printer**
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 👍 **Seagull Industries**
 👍 **Southeast Catering Inc.**
 👍 **Sysco Corporation**
 👍 **Wellington the Magazine**
 👍 **Whole Foods Markets**





Thanks to all our zone coordinators and transporters

for a job well done! Help our Harvest volunteer data processors by mailing your weight logs promptly at the end of each month. A great effort of time and detail go into processing these weight logs. Please help us out by being on time.

Zones 1 and 2—zip codes 33403, 33404, 33407, 33408, 33410, 33412, 33418, 33422, 33458, 33469, 33477, 33478

Arkis & Herbert McCray,
561-396-3166
561-844-7502

Zone 3—zip codes 33401, 33409, 33417, 33413, 33480

Position Available—call today!
689-4090

Zones 4 and 5—zip codes 33405, 33406, 33415, 33460, 33461, 33462, 33463, 33467, 33411, 33414, 33470,

Cathy Owens, 561-632-5669

Zones 6, 7 and 8—zip codes 33416, 33435, 33436, 33437, 33444, 33445, 33446, 33483, 33484, 33428, 33431, 33432, 33433, 33434, 33486, 33487, 33496, 33498

Mike Winokur
561-496-5221

Help Feed the Hungry by Traveling



By making your travel arrangements online at www.PalmBeachHarvestTravel.com, you contribute to Palm Beach Harvest without any effort or cost to you. For every travel plan, rental car, hotel reservation, cruise, or travel service made at www.PalmBeachHarvestTravel.com, a donation is automatically made to Palm Beach Harvest. Because many of you book your travel online already, this will provide a way for you to support Palm Beach Harvest without costing you anything. Palm Beach Harvest is not endorsing or promoting any of these travel services, but booking through www.PalmBeachHarvestTravel.com will help to reduce hunger in Palm Beach County. Our automated website uses the same technology and provides the same features and prices as other online booking services such as Expedia®, Orbitz®, and Travelocity®. You can book personal and business travel 24 hours a day, seven days a week, and every transaction results in donations to Palm Beach Harvest.

You can also help feed hungry people by sending your donation in any amount with the coupon below. Thanks!

Donate Time Or Your Dime

Palm Beach Harvest has partnered with local businesses and charitable agencies since 1998 providing transportation of donated food that would otherwise be thrown away. Agencies distribute it to homeless and needy people in Palm Beach County. But, we've lost our main source of donated surplus food and are forced to ask for donations of funds and to institute nonperishable food drives. Please volunteer ... your time or a donation.

I want to help Palm Beach Harvest with a contribution in the amount of

___ \$100/month ___ \$50/month ___ \$25/month ___ \$20/month ___ \$15/month
 ___ \$10/month ___ Other

I prefer to make a one-time gift in the amount of \$ _____

Name _____

Address _____

State/Zip _____ Telephone _____

Mail: Palm Beach Harvest, PO Box 540508, West Palm Beach, FL 33467



P.O. Box 540508
 Lake Worth, FL 33467
 Phone: 561-689-4090



Palm Beach Harvest Mission and Background

Mission

Palm Beach Harvest coordinates the transportation of surplus food from food donors to non-profit agencies throughout Palm Beach County.



Background

Palm Beach Harvest, a non-profit 501C organization, was founded in May 1998. It is an organization comprised of volunteers who donate their time to transporting donated food to non-profit charitable organizations. We officially began our first food pickups in January 1999. We are a chapter of USA Harvest, a national organization founded in Kentucky in 1988.

Meeting the Need to Feed

Goals

Palm Beach Harvest is striving to bring to the public awareness of the devastating problem of ever-growing congenital hunger and poverty in Palm Beach County. While attempting to partner with and liaison between food-producing and distributing businesses who must dispose of millions of pounds of good food daily and transport it to agencies who can distribute it to those in need, Palm Beach Harvest also wants to make the public more knowledgeable and accountable for alleviating this problem at the grass roots level.



*Have a
 happy and
 healthy day,
 and please
 don't forget
 those in need.*