



The Harvest

Meeting the Need to Feed

Palm Beach Harvest
561-689-4090
www.palmbeachharvest.com

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Happy Holidays!

It's the time of year when people start looking forward to the holiday season. Here in Florida, we don't see the seasons change as much as our northern counterparts, but we certainly appreciate the cooler weather. And, like our northern friends, we get into the festive holiday mood, ready for holiday parties, holiday fare and good cheer.

Unfortunately, that festive mood is not enjoyed by too many among us, who not only will not attend parties, but struggle to even have food on their tables.

That's where you can help. Palm Beach Harvest partners with local businesses and charitable agencies to provide transportation of donated food (that would otherwise be thrown away) to agencies who distribute it to homeless and needy people in Palm Beach County.

Transporters are the heart of Palm Beach Harvest. We need you to help us transport surplus food.

- 👍 Transporters commit to only about two hours of service per week.
- 👍 PBH does its best to pair routes with locations close to transporters' homes.
- 👍 Transporters should be able to lift as much as 40 pound boxes of food.
- 👍 If you have other expertise you can offer such as Excel spreadsheets for data entry of weight logs or marketing/public relations skills, please let us know!

Please come to one of our **monthly orientation meetings held the second Monday of each month** where you can learn everything you need to know and get your credentials to start lending a helping hand where **it's needed more than ever**. We're looking forward to seeing you at the next orientation meeting at Goodwill Industries.

At the orientation you'll meet folks like yourself who are reaching out to try and give

back a little of the blessings and plenty bestowed on those of us who can sit down together for a hot meal of just about anything we want every day of the year.

You'll view our welcome video that explains exactly how the transporting is done, how Palm Beach Harvest came to be, and the great good that we are doing together for our fellow men, women and, mostly, children. You may have noticed that we mention that the average age of the person who goes to bed hungry in Palm Beach County is nine. You'll be proud to know you are helping these children to get the nourishment to grow up healthy and a little happier. You'll receive your credentials and answers to your questions about routes, responsibilities, etc.

Orientation Meeting

Second Monday of each month:

- 6:00 p.m. at Goodwill Industries, 1715 Tiffany Drive East, West Palm Beach
- Directions: I-95, exit 45th Street, go east past Congress Avenue to Tiffany Drive East on the right, follow around to parking lot of Goodwill Industries.
- Call 561-689-4090 for more information.
- Hope to see you there!



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A Message from Acting President Lois Levy



As Hurricane Wilma ushered in the holiday season, we're reminded that homeless and hungry people fare so much worse than the rest of us. The hurricane brought Palm Beach County to a halt, but that didn't stop needy stomachs from growling without the daily transports they depend on to eat. Luckily some unusual sources of surplus food were made available, and all we can say is, "It could have been worse."

Thanks to all the people who are willing to do selfless service week in and week out so that people in Palm Beach County will not go hungry. Special thanks to A-One-A Produce and Florida Power & Light for stepping up to the plate after the hurricane to donate food when normal suppliers of Palm Beach Harvest had to close down. FPL's staging area, which provides breakfast, lunch and dinner to its employees, donated food. A-One-A Produce

rerouted truckloads of produce to stock emergency coffers.

And so the holiday season is upon us. I am grateful for many things in my life at this time of year. The holidays are a time of reflection and thanks. To the volunteers who transport, to those who work on public relations or donate services, to our wonderful donors, to the organizations that provide us with grant money and to those who make us their charity of choice, let me say, "Thank You, thank you, thank you." The Board of Palm Beach Harvest is grateful to you all for making what we do possible every day, 365 days a year. We could not feed people were it not for you. You are a blessing.

"The holidays are a time of reflection and thanks.... We could not feed people were it not for you."

Lois

The Kids are All Right

At Christa McAuliff Middle school, the Builders' Club is sponsoring a fundraiser to help provide turkeys to the needy for Thanksgiving.

Dubbed *Turkeyfeathers*, the sixth, seventh and eighth grade students will donate raised funds to purchase the turkeys to be distributed to agencies of Palm Beach Harvest for the holiday.

It's a wonderful gesture of caring and sharing. We're proud of the Crista McAuliff students who want to see that homeless and needy people can have a reason to be thankful with traditional holiday meals.

Thanks to our supporters who generously provide needed services to Palm Beach Harvest

- 👍 Goodwill Industries
- 👍 Riverside National Bank
- 👍 Dan the Printer
- 👍 Seagull Industries
- 👍 City Cellar Restaurant
- 👍 McPrint Instant Printing Center



Zone Coordinators

Thanks to all our zone coordinators and transporters for a job well done! Help our Harvest volunteer data processors by mailing your weight logs promptly at the end of each month so they can be processed timely. A great effort of time and detail go into processing these weight logs. Please help us out by being on time.

Zones 1 and 2—zip codes 33403, 33404, 33407, 33408, 33410, 33412, 33418, 33422, 33458, 33469, 33477, 33478

Jeri Wise, 624-4082; 310-5326

Zone 3—zip codes 33401, 33409, 33417, 33413, 33480

Harold Hill, 574-6851

Zones 4 and 5—zip codes 33405, 33406, 33415, 33460,

33461, 33462, 33463, 33467, 33411, 33414, 33470, 33413

Cathy Owens, 968-5740

Zones 6, 7 and 8—zip codes 33416, 33435, 33436, 33437, 33444, 33445, 33446, 33483, 33484, 33428, 33431, 33432, 33433, 33434, 33486, 33487, 33496, 33498

Mike Winokur and Jim Hole, 561-496-5221

757,106 pounds of food rescued and distributed year-to-date



Rockin' for the Homeless

A **My Chemical Romance** concert at The Revolution in Fort Lauderdale brought people of all ages to rock out on October 10. The band, along with **radio station 103.1, The Buzz**, asked Palm Beach Harvest to be the recipient of canned food collected in conjunction with the concert, and the first 100 people to arrive with 10 pounds of food received free tickets. The food was donated to the Salvation Army, Captain Albert Cancia, in West Palm Beach. The food was distributed to the homeless in the central West Palm Beach area. Thanks to the band and Reprise Records for producing this event and their generous contribution to Palm Beach County's needy.

Welcome New Volunteers

Welcome to all the volunteers who have supported us throughout the past year since our last newsletter. The following people have generously offered their time to help alleviate the crucial problem of hunger in Palm Beach County:

- ♥ Vincent Betterly
- ♥ Fay Hansely

Kudos for our Receptionists

Mary Gambolati and Mary Ann Kelley have been on the job as our volunteer receptionists for some time now, retrieving and distributing messages so that we can return your calls as soon as possible.

They provide a much-needed and appreciated service to Palm Beach Harvest and are real asset to the organization in keeping the flow of communication going.

Thank you, Mary and Mary Ann, for your continued effort and support.

Welcome Whole Foods Market

We're thrilled to welcome Whole Foods Market in Boca Raton to our family of generous donors. Likewise, Palm Beach County is thrilled (I know I am) that Whole Foods has chosen our area to open several new stores.

Downtown at the Gardens, the Gardens' answer to CityPlace, is under construction with a wide array of new stores, cinemas and restaurants. One of the new Whole Foods Markets is a welcome part of this exciting development. Another new Whole Foods Market is planned for Delray Beach.

We're very excited about Whole Foods' participation in Palm Beach Harvest and their care and concern for their newly adopted Florida communities.

Your Business or Organization—Giving Back This Thanksgiving



The management and staff of **Addison Reserve Country Club** are sponsoring their 6th annual **Thanks-For-Giving 5K Walk/Run** on Thanksgiving Day, November 24, to benefit **Palm Beach Harvest and Hurricane Katrina victims**. Addison Reserve has raised over **\$45,000** plus non-perishable food in past years' events, and they hope to do even more this year. Race winners will receive gift certificates donated by local businesses, and early registrants are eligible for raffle prizes.

Your business can donate cash and/or \$25, \$50 or \$100 gift certificates and be featured in the 5K Walk/Run mailings. What's more, the Reserve will include promotional material you provide for your business in each race bag and display your banner or sign at the event. Donate \$100 or more and **your business or organization name will be advertised on race t-shirts**. This is a great way to donate to Palm Beach Harvest, who distributes surplus, "rescued" food to needy and homeless people daily in Palm Beach County, as well as make a much-needed contribution to victims of Hurricane Katrina at this time when many of us give thanks for our own bounty and good fortune.

Channel 25, WPBF-ABC has been invited to showcase the event to demonstrate how a single community can pull together for a good cause—to raise food and money when it's so sorely needed—in the devastated New Orleans area as well as in our own community.

Contact **Robert Trnka**, Addison Reserve Center fitness supervisor and director of the Thanks-For-Giving 5K Walk/Run at 561.637.4070; email robertt@addisonreserve.cc for more information.

Visit us on the Web!
www.palmbeachharvest.org

Palm Beach Harvest



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Palm Beach Harvest Mission and Background

Mission

Palm Beach Harvest coordinates the transportation of surplus food from food donors to non-profit agencies throughout Palm Beach County.



Meeting the Need to Feed this Thanksgiving

Background

Palm Beach Harvest, a non-profit 501C organization, was founded in May 1998. It is an organization comprised of volunteers who donate their time to transporting donated food to non-profit charitable organizations. We officially began our first food pickups in January 1999. We are a chapter of USA Harvest, a national organization founded in Kentucky in 1988.

Goals

Palm Beach Harvest is striving to bring to the public awareness of the devastating problem of ever-growing congenital hunger and poverty in Palm Beach County. While attempting to partner with and liaison between food-producing and distributing business who must dispose of millions of pounds of good food daily and transport it to agencies who can distribute it to those in need, Palm Beach Harvest also wants to make the public more knowledgeable and accountable for alleviating this problem at the grass roots level.



Have a happy and healthy holiday season, and please don't forget those in need.